

Arthrogryposis Multiplex Congenita Support

Featured AMCER

Lilith Rodriguez

(pgs. 5-6)



Arthrogryposis Multiplex C

#AMCSTRONG

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<https://amcsupport.org> f i t d y x @AMCSUPPORT

OHIO 2nd ANNUAL
ARTHROGRYPOSIS MULTIPLEX
CONGENITA SUPPORT
CONFERENCE
COLUMBUS | OHIO 2.0
June 30 - July 3, 2027
SEE YOU IN OHIO!
<https://amcsupport.org/22nd-annual-amcsi-conference/>

AMCSI Letter From The President



As I begin my time as President of AMCSI, I've found myself thinking a lot about where this organization, and my place in it, began for me.

I've been part of AMCSI for 20 years. I attended the very first conference in 2006 and have been to every conference except one. AMCSI has been part of my life for so long that it is hard to remember what it was like before I had this community.

That's why seeing Lillian on the cover of this newsletter feels especially meaningful, and also makes me feel incredibly old! I've known Lillian since she was around nine years old, and now she is an adult with her own accomplishments, passions, and dreams. I'm so grateful that she has had the opportunity to grow up with AMCSI. I didn't have that. I didn't meet another person "like me" until I was 18. I can't help but wonder how different those early years might have felt if I had known then what I know now: I wasn't the only one.

One of the most incredible things I witnessed at this year's conference was watching families with toddlers find each other and begin to bond, including the Steinhoff family. Seeing them realize that they had finally found their people and their community was incredibly powerful. These are connections that can change the trajectory of a family's journey with AMC. Watching it happen reminded me why this organization matters so much.

But that sense of belonging isn't just something I see with young families. This year, I had the astonishing experience of watching an adult find her community after decades of being told she had a different diagnosis. Watching someone finally have that moment of recognition, of realizing that there were other people who understood her body, her experiences, and the things she had spent years trying to explain, is something I will never forget.

And personally, one of the things I treasure most is getting to spend time with the many women in our community who work in helping professions. There is something incredibly special about sitting with other women who have AMC and realizing that we can navigate careers centered around helping others while also navigating our own disabilities.

I'm stepping into this role during a challenging time, but I believe deeply in AMCSI and in the people who make it what it is. Our Board is made up of volunteers, most of us balancing full-time jobs and lives outside of this organization. I ask for your patience and grace as Mark, Siera, and I learn our new roles, but I promise that we will continue to show up, listen, and work to strengthen this community.

Because ultimately, AMCSI isn't about a Board. It's about making sure that the next nine-year-old doesn't have to wait until they're 18 to find their people. ~ **Tracey Schalk**

Board Member Spotlight



My wife and Jane and I became involved with AMCSI in 2014 when we both attended our first conference. It was, to say the very least, a life altering experience for both of us. Up until that time, Jane was the only person with AMC that I had ever met. We actually met in our doctor's office in Chicago when I was 12 months old. The rest of our love story is history. Needless to say, neither of us had been exposed to an entire community of people just like us. Over the years, I have volunteered to support the organization in several ways. First, I edited an earlier iteration of our newsletter. In 2024 I joined the board of directors as a member at large, chairing the communications committee. Recently, I was appointed interim treasurer and chairperson of the fundraising committee. Last year, I began a cycling fundraiser, dovetailing off of Marshall's annual bike ride, The 253 for AMC. I firmly believe that we will get through these challenging economic times and raise the money that we need to keep our conferences going for years to come. That is my belief. That is my goal.

To learn more about the AMCSI team, please visit:
<https://amcsupport.org/amcsi-meet-the-team/>

AMCSI = Support For The AMC Community



Did You Know...

You Can Help Expand the AMCSI Medical Provider Directory

Finding healthcare professionals with experience treating individuals with Arthrogryposis (AMC) can be challenging.

That's why AMCSI continues to build and maintain our worldwide Medical Provider Directory.

If you know a physician, surgeon, therapist, or other healthcare professional who treats individuals with AMC and isn't already listed, we invite you to submit their information. You can also help keep our directory current by updating an existing provider's information.

Every submission helps make this resource more valuable for individuals and families searching for knowledgeable medical care.

Visit our Find a Doctor page to submit or update a provider today.

<https://amcsupport.org/find-a-doctor/>

Zoom Hangout Link

<https://us02web.zoom.us/jc/82575582605>

Meeting ID: 825 7558 2605

Passcode: 465342



Become A Member

<https://amcsupport.org/become-a-member/>

AMCSUPPORT.ORG Website Directory

We would like to remind everyone about the valuable resources available on our website, including links to additional information that can support our AMC Community in their journey with Arthrogryposis. (Please note that the links in this PDF are clickable.)

CORPORATE PARTNERS

Corporate Impact Partnership: <https://amcsupport.org/corporate-partners/>

MEMBERSHIP

Become A Member: <https://amcsupport.org/become-a-member/>

Membership Options:

https://amcsupport.org/wp-content/uploads/2023/12/AMCSI24_Membership_Tiers.pdf

WHERE TO START

What is Arthrogryposis?: <https://amcsupport.org/what-is-arthrogryposis/>

Find A Doctor: <https://amcsupport.org/about-amc/>

New Diagnosis: <https://amcsupport.org/new-diagnosis/>

Resources:

All About AMC: Learning Together:

<https://amcsupport.org/all-about-amc-learning-together/>

AMC FAQs: <https://amcsupport.org/frequently-asked-questions/>

AMC Library: <https://amcsupport.org/amc-library/>

AMCresearch.org: <https://amcresearch.org>

Arthrogryposis A Text Atlas:

<https://amcsupport.org/arthrogryposis-a-text-atlas/>

Arthrogryposis Medical Institutions:

<https://amcsupport.org/arthrogryposis-medical-institutions/>

Arthrogryposis: New Parent Information Packet:

<https://amcsupport.org/newparent/>

History & Facts: <https://amcsupport.org/history-facts/>

Laws, Wills and Estate Plans: <https://amcsupport.org/laws-wills-estate-plans/>

My Own Knowledge: Care Notebook:

<https://amcsupport.org/my-book-of-knowledge-care-notebook/>

Occupational Therapy Doctoral Capstone Project

<https://amcsupport.org/occupational-therapy/>

Words To Know: <https://amcsupport.org/words-to-know/>

Types Of Doctors: <https://amcsupport.org/types-of-doctors/>

Types Of Therapy: <https://amcsupport.org/types-of-therapy/>

Variations of AMC: <https://amcsupport.org/variations-of-amc/#amyoplasia>

FUNDRAISING

Start A Fundraiser: <https://amcsupport.org/ways-amcsi-can-help/>

Ways To Give <https://amcsupport.org/ways-to-give/>

Giving Tuesday: <https://amcsupport.org/giving-tuesday/>

Grateful Tuesday: <https://amcsupport.org/grateful-tuesday/>

View Current Ongoing Fundraisers: <https://amcsupport.org/>

Past Fundraisers (all previous fundraisers)

AMC EVENTS

Upcoming Events & Fundraisers: <https://amcsupport.org/upcoming-events/>

22nd Annual AMCSI Conference:

<https://amcsupport.org/21st-annual-amcsi-conference/>

AMC Awareness Day: <https://amcsupport.org/amc-awareness-day/>

View Current Ongoing events, please visit: <https://amcsupport.org/>

Past Events (all previous fundraisers)

FIND SUPPORT

Adaptive Clothing Brands: <https://amcsupport.org/adaptive-brands/>

AMCers & AMC Related Websites: <https://amcsupport.org/amc-websites/>

Assistive Device: <https://amcsupport.org/assistive-devices/>

AMC Community: <https://amcsupport.org/community/>

Global Support/World Map: <https://amcsupport.org/global-support-world-map/>

Literature & Films

Books: <https://amcsupport.org/literature-and-films/#books>

FIND SUPPORT (continued)

Literature & Films (continued)

Brochures: <https://amcsupport.org/literature-and-films/#brochures>

Films & Videos: <https://amcsupport.org/literature-and-films/#films>

Medical Articles: <https://amcsupport.org/medical-articles/>

Memorials: <https://amcsupport.org/amc-memorials/>

Parents & Caregivers: <https://amcsupport.org/parents-caregivers/>

Play Without Limits: <https://amcsupport.org/parents-caregivers/>

Research: <https://amcsupport.org/research/>

FINANCIAL AID GRANTS

Grants: <https://amcsupport.org/grants/>

Accessibility Grant: <https://amcsupport.org/accessibility-grant/>

Adoption Grant: <https://amcsupport.org/adoption-grant/>

AMC Holoiday Grant:

<https://amcsupport.org/amc-holiday-fund/#holidaygrant>

Bereavement Grant: <https://amcsupport.org/bereavement-grant/>

Medical Travel Grant: <https://amcsupport.org/medical-travel-grant/>

Mini Meetup Grant: <https://amcsupport.org/mini-meetup-grant/>

Research Grant: <https://amcsupport.org/research-grant/>

Schoalrships: <https://amcsupport.org/scholarships/>

AMCSI Conference Scholarship:

<https://amcsupport.org/conference-scholarship/>

Georgie McLaughlin College Schoalrship:

<https://amcsupport.org/georgia-mclaughlin-college-scholarship/>

GET INVOLVED

Join Our Newsletter: <https://amcsupport.org/join-our-newsletter/>

Monthly Giving Circle: <https://amcsupport.org/monthly-giving-circle/>

Start A Fundraiser: <https://amcsupport.org/ways-amcsi-can-help/>

This IS How I ... (series): <https://amcsupport.org/this-is-how-i-series/>

Volunteer: <https://amcsupport.org/volunteer/>

Zoom Sessions / Registration:

<https://amcsupport.org/zoom-sessions-zoom-registration/>

ABOUT US

Celebrating 20-Years:

<https://amcsupport.org/20-years-of-amc-support-advocacy-awareness-community/>

Contact Us: <https://amcsupport.org/contact-us/>

AMCSI - Meet The Team: <https://amcsupport.org/meet-the-team/>

NonProfit Documentation

Annual Report:

<https://amcsupport.org/board-of-directors-meetings-bylaws-financials/#annual>

Board Of Directors Meetings

<https://amcsupport.org/board-of-directors-meetings-bylaws-financials/>

Brochures: <https://amcsupport.org/literature-and-films/#brochures>

Fundraising Disclosure Statement:

<https://amcsupport.org/board-of-directors-meetings-bylaws-financials/#fundstatement>

Logo/Design Usage: <https://amcsupport.org/logo-usage/>

Press Release: <https://amcsupport.org/press-release/>

Our Mission & Vision: <https://amcsupport.org/our-mission-vision/>

Testimonials: <https://amcsupport.org/testimonials/>

STORE

<https://amcsupport.org/store/>

amcsupport.org



Want to make your celebration a donation to AMCSI, please email us at info@amcsupport.org

Featured AMCer – Lilith Rodriguez



What impact have the people around you, family, friends, or community, had on your life with AMC?

I have so many thanks to give to all my friends, family, coaches, and everyone else who believed in me. Through their support, I believed in myself and have come so far as a disabled athlete. After every surgery or injury that broke me, they were the ones that helped put me back together, and I am forever grateful for that.

What kind of change would you most like to see in society's approach to rare disabilities?

Just from my experience, I think the biggest change for me would be society trying to understand those with rare disabilities on a genuine level. The first step to understanding is to simply listen. Instead of assuming what those with disabilities may need, there has to be a conversation where those individuals can speak freely and honestly about what would be most beneficial.

What hobbies, talents, or passions do you love sharing with others?

Other than rowing and exercise, music is one of the biggest things I am passionate about. For me, music is an escape and helps me understand my feelings better. There is so much talent and emotion in every genre of music, and I love sharing all my favorite songs with others.

Can you tell us a little about yourself and where you're from?

My name is Lilian Rodriguez, and I am from Dayton, Ohio. Before Dayton, I lived in California for about 6 years. I was born in Chicago in 2008. I have been rowing since 2021, and am a 4-time national champion and currently hold 21 world records.

How has living with arthrogryposis shaped who you are today?

Even as a little kid, I was extremely hardheaded and independent about everything I did, even when I clearly needed help. Growing up with a disability, I never wanted anyone to see me as incapable. I am a very stubborn person because of this, and I tend to do a lot of things on my own.

What are you most proud of in your journey so far?

I am most proud of my ability to push myself and get back up. I have been pushed down countless times, and more than I'd like to admit, it feels better to stay down or give up. But because of the way I was raised, I know that giving up will never be an option. I know that no matter how bad it hurts, looks, or seems, you will always have the option to get back up and try again.



Featured AMCer – Lilith Rodriguez



something I can never abandon. As a queer parathlete, I feel it's my job to show the world just how much I've pushed myself to reach where I am today, that my differences will never stop me from achieving my goals, and it should never stop others either.

If you could go back and give your younger self one piece of advice, what would it be and why?

If I could give my younger self advice, it would be to not dwell on the past, to always see the good in everyone, and to hold my head high. All those nights spent in hospitals really damaged my younger self, and I spent a lot of my younger years angry and sad about having a disability. Carrying all this anger was unhealthy, and I found myself unmotivated and wanting to give up most of the time. I assumed any comments were meant to hurt me, so I was quick to react and assume the worst in people. I wish my younger self understood that I am not alone, there is good in everyone, and that giving up is not an option.

What dreams or goals are you excited about for the future?

To one day be able to row as a Paralympian would be a dream come true. I hope that, as I become more experienced in rowing, I can continue to break more records and go even further in my rowing career. Ultimately, I hope to be someone that others can look up to.

How do you stay motivated when times get hard?

Whenever I have doubts about what I do, I remember the people who have stopped me to say hello, congratulate me on my achievements, or even thank me for what I'm doing. When a disabled individual reaches out to me, I know that rowing is

Do you have Arthrogryposis, & would like to be featured in our newsletter?

Email us your story and photos today at info@amcsupport.org



Conference Testimonial - The Stierhoff Family

AMC Conference 2026

Our first AMC Conference is one we will never forget. If you're thinking about joining next year, we highly recommend it!

After years of navigating this journey mostly on our own, our family finally had the opportunity to attend the AMCSI conference in Columbus, Ohio, and it was everything we hoped it would be and more.

Within the first five minutes of arriving, we met a remarkably knowledgeable professional who immediately made us feel welcomed and understood. That quick connection set the tone for the entire week.

We then headed to the First Timers meeting, where we met another sweet family with a little boy right around our son's age. We instantly hit it off. It was a natural connection between parents who "get it." Meeting these families in person hits differently than over the internet. We have received some amazing support online, but talking face-to-face was very beneficial!

Throughout the rest of the conference, those connections only continued to grow. We met more families, learned from the incredible community of parents, professionals, and adults with AMC, and soaked up so much knowledge and encouragement.

There is something powerful about being surrounded by people who understand the unique challenges and joys of this diagnosis.

We left Columbus feeling more connected, more informed, and more hopeful than when we arrived. Grateful doesn't even begin to cover it.

If you're part of the AMC community and have been thinking about attending a conference, do it when you can. The people you meet and the support you find are truly special.

- The Stierhoff Family



22nd Annual AMCSI Conference



 **Help us with our conference outreach efforts!** 

Reserve Your Place at the 22nd Annual AMCSI Conference!

Conference sponsorships, exhibitor booths, and advertising opportunities are now available. Whether you're looking to sponsor the conference, showcase your products or services as an exhibitor, or promote your organization in the official conference program, there's an opportunity to make a meaningful impact while connecting with the AMC community.

Your support helps create an exceptional conference experience that brings together individuals with Arthrogryposis, their families, caregivers, medical professionals, researchers, and advocates for education, connection, and lifelong support.

Explore all available opportunities and reserve your place today:

 **Main Conference Website:**

<https://amcsupport.org/22nd-annual-amcsi-conference/>

 **Sponsorship Opportunities:**

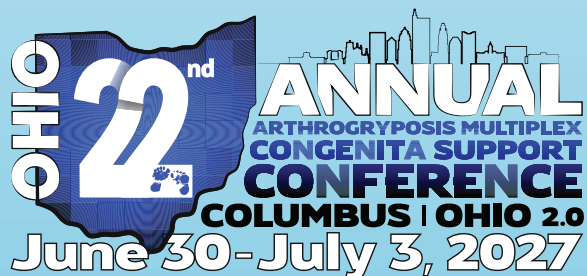
<https://amcsupport.org/22nd-annual-amcsi-conference-sponsorship/>
(Including preset email options to help with our outreach efforts)

 **Exhibitor Opportunities:**

<https://amcsupport.org/22nd-annual-amcsi-conference-exhibitor/>

 **Conference Program Advertising:**

<https://amcsupport.org/22nd-annual-amcsi-conference-program/>



**Celebrating 22 Years With
Our Amc Families!**

CORPORATE IMPACT PARTNERSHIP PACKET



Corporate Partnerships have the power to create meaningful, measurable impact. Learn more...
<https://amcsupport.org/corporate-partners/>



ARTHROGRYPOSIS MULTIPLEX CONGENITA SUPPORT, INC.
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All About AMC: Learning Together!

ALL ABOUT AMC: Learning Together is a fun and easy-to-read information packet designed especially for children, families, and classmates who want to better understand Arthrogryposis Multiplex Congenita (AMC). Inside, you'll find simple explanations, illustrations, and interactive pages that answer common questions like what AMC is, how to say it, and what it looks like in everyday life. You'll also discover the unique strengths and possibilities of kids with AMC, plus a page to personalize with your own story. This packet is all about learning together and celebrating what makes each AMCIer unique.

Learn More:

English Version:

https://amcsupport.org/amcsi_all-about-amc-learning-together/

Spanish Version:

https://amcsupport.org/amcsi_all-about-amc-learning-together-spanish/



Arthrogryposis Multiplex Congenita Support, Inc.

www.amcsupport.org

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ARTHROGRYPOSIS NEW PARENT INFORMATION PACKET

**A welcome packet for
families during pregnancy
and early infancy for a
child with Arthrogryposis
Multiplex Congenita**

We're excited to share this updated pamphlet created especially for new parents of a child diagnosed with Arthrogryposis Multiplex Congenita (AMC). In collaboration with Take Time for AMC, we've packed it with helpful information, from understanding AMC basics, to navigating pregnancy questions, to caring for a newborn with AMC.

Please help us spread knowledge and support by sharing this resource with local hospitals, NICUs, orthopedic teams, therapists, and anyone who might benefit from the experience and strength of our AMC community.

Right click the link below to view/download, and share the full pamphlet!

<https://amcsupport.org/newparent>



Sponsored by
 **AMCSI**
Arthrogryposis Multiplex Congenita Support, Inc.

&



take time



Arthrogryposis Multiplex Congenita Support, Inc.



Your monthly gift helps:

- Send resource packets to newly diagnosed families
- Fund adaptive sports and inclusive activities for kids
- Support scholarships, grants, and conference attendance

<https://amcsupport.org/ways-to-give/>



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f i t y x

#AMCSI #MonthlySupport

Are You A Member?

By becoming a member of AMCSI, you are helping us:
Provide Brochures in English, French and Spanish to our AMC Community as well as medical professionals, hospitals, NICUs, OB's, and therapy facilities worldwide.

- Provide an up-to-date website with current information and resources to help assist our families in the latest interventions for AMC.
- Pave the way in international waters by attending or hosting meetings and conferences. We will also provide our international families support, information and knowledge through social media, our website, translated brochures and informational packets.
- Provide tools to help our AMC families to promote AMC Awareness Day on June 30th.
- Provide grant opportunities for our AMC community:
 - AMC Mini Meetups, Events and Annual Conference
 - Bereavement Fund (Financial Assistance to any family who has lost a loved one diagnosed with arthrogryposis multiplex congenita)
 - Research Fund (Financial Assistance to our Medical Community with a special interest in researching arthrogryposis multiplex congenita)
 - College Scholarship (Financial Assistance for Graduating HS Seniors)
 - Medical Travel Grant (travel & lodging for AMC related surgery)
 - Conference Grant (A limited number of grants to attend our annual conference may be available)
 - Accessibility Grant

AMCSI's annual membership is valid for one year from the time of purchase. Auto-renew is optional if selected at checkout. Please note that auto-renewal will be deactivated upon request or at the discretion of the AMCSI Board of Directors. Membership must be active before applying to any grant. Membership levels, as defined by AMCSI Bylaws., are approved by the AMCSI Board of Directors.

Become A Member

<https://amcsupport.org/become-a-member/>

Testimonials (<https://amcsupport.org/testimonials/>)

"Attending our first AMCSI Conference was an unforgettable experience for both of us. For the first time, Norē was surrounded by peers who truly understood his journey. For the first time, Norien was in his element, surrounded by peers and role models who share his path. We laughed, cried, learned, and felt deeply seen."

Norē LOVED PROM NIGHT! They played his jam and he immediately wanted to come out if his chair to break dance on the floor! Seeing everybody cheer him on and him grabbing the mic to get everybody to sing AMC-123 instead of ABC 123 like the song goes melted my Mama heart.

The sessions gave me valuable knowledge and the chance to connect with other parents walking a similar path. We called this trip "The Sonshine Voyage," and it was empowering in every way.

Thank you to AMCSI, Ani, the Durst Family, and the entire AMC community for making us feel at home. This was more than a trip. It was the beginning of something beautiful." ~Norē's Mom



Other AMC/AMCSI News



Zoom Monthly Preteen & Teen Hangouts

Moderated by Aly & Navina

Aly has arthrogryposis in all limbs and she discovered AMCSI in 2022. She attended her first conference in Orlando, Florida that same year and her life has not been the same since. She's passionate about disability awareness, acceptance, and accessibility for all. Aly volunteers at Scottish Rite Hospital with kids of various upper limb differences and she is pursuing a degree in Speech Language Pathology. She loves all things coffee, art, the outdoors, cooking, and books!



Navina has Arthrogryposis Multiplex Congenita with all limbs, spine, and airway affected, she was also diagnosed with Type 1 diabetes at the age of 11. She has had minimal surgeries but vigorous therapy which helped her to gain the range motion and the passive range that she has. She's lived in Maine, Minnesota, and now Florida. She has participated in multiple adaptive/disability programs including adaptive skiing/snowboarding, being an ambassador for Easterseals, going to an adaptive gym, etc... She was homeschooled and took interest in arts, computer skills, library volunteering and reading. She greatly enjoys co-leading a Bible Study she started for others affected by AMC. She loves to travel to other countries with her family and to see how others live and all the beauty this world has to offer. She rarely passes up coffee, and enjoys spending time with her friends and family. She has loved coming to the annual conference since she was young and growing up with the community and being inspired each year by the people in it. She is looking forward to getting to inspire others herself.



AMC Preteen Zoom

Hey Preteen Girls, come join us for a fun hangout, chat, and connect with friends your age!

- For: Girls ages 9–12
- Moderated by Aly & Navina
- Monthly



AMC Teen Zoom

Hey Teens in the AMC community, come hang out, chat, and connect with friends who get it!

- For: Girl & Boy Teens ONLY
- Moderated by Aly & Navina
- Monthly



AMC Young Adults Zoom

Young Adults in the AMC community, come hang out, chat & connect with friends who get it!

- For: Young Adults
- Moderated by Aly & Navina
- Monthly

For More Information, Please visit:

<https://amcsupport.org/zoom-sessions-zoom-registration/>

Follow us on Facebook & Instagram for more information!



@AMCSUPPORT

Aly & Navina's Conference Recap



A Message From Al & Navina...

We had a great time with the teens and pre-teens at conference this year! From crafts and miniature bowling to ice cream and pool hangouts, the week was full of new friendships and shared experiences. We love creating a space where they can connect with others who understand their experiences and build a community that lasts long after conference ends. We had a great time hanging out with these groups and can't wait for the year ahead!

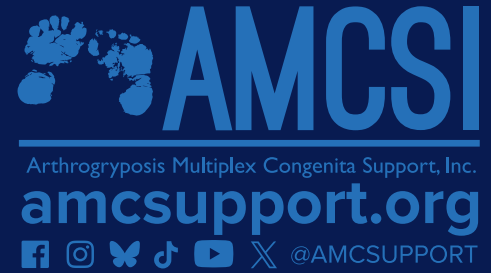


Other AMC/AMCSI News - Fundraising/Events

Upcoming Fundraisers & Events

- AMC Awareness Bike Night - Wednesday, August 12, 2026
- Valerie Pepe's AMC Fall Music Festival - Saturday, September 19, 2026
- The Prairie 103 for AMC - Month Of October
- Wheelers Smokin' For A Cause - Saturday, October 24, 2026

To stay up to date on all future events & fundraisers, please visit:
<https://amcsupport.org/upcoming-events-fundraisers/>



Start A Fundraiser - Ways AMCSI Can Help

Looking for a Way to Make a Difference?

Whether you're planning a fundraiser, organizing a community event, or looking for meaningful ways to support the AMC community, AMCSI is here to help. Discover fundraising ideas, learn how to start your own campaign, and see how your efforts can support scholarships, grants, research, educational resources, and programs that benefit individuals and families living with Arthrogryposis Multiplex Congenita (AMC).

Planning an Event or Fundraiser?

We'd love to help you spread the word! If you're hosting a fundraiser, awareness event, or community gathering that supports AMCSI or raises awareness of AMC, let us know. Submit your event details, and we may feature it on the AMCSI website, social media channels, and in an upcoming newsletter to help increase visibility and encourage participation. Working together, we can expand awareness, strengthen community connections, and make an even greater impact.

Check out some ideas & ways AMCSI can help:
<https://amcsupport.org/ways-amcsi-can-help/>





AMCSI Adoption Grant Highlight

Beautiful Liam needs a family.

Liam is in Eastern Europe & has #arthrogryposis. **Could YOU be his family?** Large Families, Older Parents, Single Fathers, Single Mothers can reach out for information.

Grants are available from AMC Support and Reece’s Rainbow to help with adoption costs. Additional information from fellow adoptive parents available if there is serious interest in Liam.

AMCSI Adoption Grant Link: <https://amcsupport.org/adoption-grant/>
Reece’s Rainbow Link: <https://reecesrainbow.org/childgrant/liam-2>



Finding a way through

By Yvette Tan

Meet Kat Hernandez, the multi-hyphenate behind Kat Out of the Box, a social media account dedicated to shedding light on what it’s like to be a wheelchair user in the Philippines.

Hernandez was born with a rare disease called Arthrogryposis multiplex congenita. She spent her childhood in and out of hospitals, leading her to choose the medical profession. “It sparked joy in me because I was that kid that wanted to learn everything.”

She is also part of the Philippine National Para Powerlifting Team, a recent development that she calls “unexpected.”

Read more:
<https://mb.com.ph/2026/08/06/finding-a-way-through>

Welcome to the AMCSI Store!

[My account](#) | [Product Categories](#) | [Back To AMCSI](#)

results Default sorting

AMC Awareness Day Coasters – Preorder

~~\$5.00~~ **\$10.00**

Add to cart

AMC Awareness Day License Plate – Preorder

~~\$30.00~~ **\$20.00**

Add to cart

AMC Awareness Day Hoodie – Preorder

~~\$50.00~~ **\$40.00**

Select options

AMCSI Awareness Day Bracelet

~~\$5.00~~ **\$10.00**

Add to cart

AMC Awareness Day Beach Towel

~~\$30.00~~ **\$20.00**

Add to cart

AMC Awareness Day Scarf

~~\$50.00~~ **\$40.00**

Select options

<https://shop.amcsupport.org>